

CSR FAMILY VISITATION PROGRAM

Biannual newsletter of the Children's Services of Roxbury's Family Visitation Program

Newsletter by Samantha Corron



WHAT WE DO...

WHAT IS THE FAMILY VISITATION PROGRAM?

The Family Visitation Program provides a safe, multi-partial, and professional location for visits for families in the New England Area. Visitation Services are conducted based on the parameters designated by a referral source. Trained Staff support each visit and remain multi-partial at all times while maintaining safety within the service.



Children's Services of Roxbury

Family Visitation Program

A Bridge Towards Peace of Mind

In this issue of our Newsletter:

VIRTUAL VISITATIONS

FVP INTERNS

SHOUT OUT TO OUR
CAREGIVERS - YOU'RE
DOING THE MOST.

BREAK TIME!

For more information about the FVP, please contact:

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VIRTUAL VISITATIONS

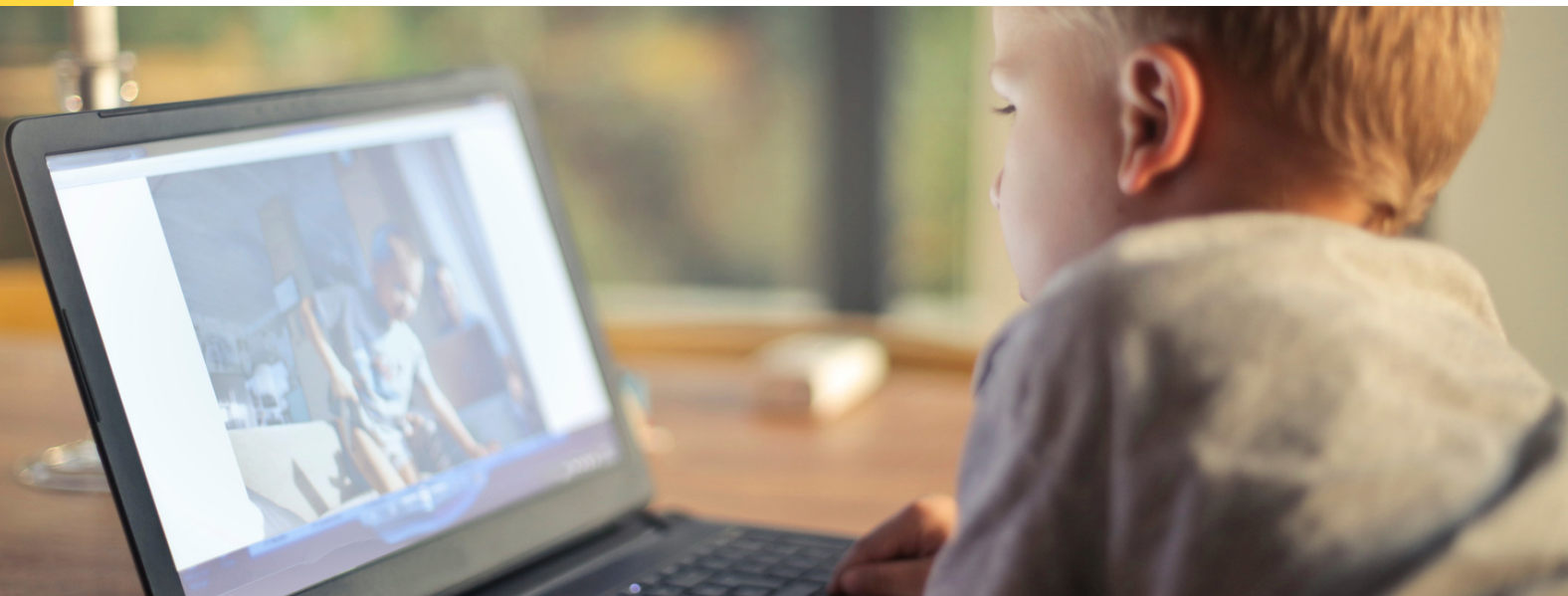
AS WE ADJUST TO COVID, FVP GOES ONLINE

The Family Visitation Program provides a fresh start for children and their fulltime caregiver or primary visiting party. Prior to COVID-19, the FVP offered in-person supervised visitation, in-person unsupervised visitation, and monitored exchange. Through these programs, families spend quality time together in a safe, comfortable and private room. CSR encourages consistent visits that help to create a positive relationship between the children and their caregivers. COVID-19 has prevented us from being able to provide this space to our families. We have been eager to provide this service to our families again.

We are excited to announce that our visitations have gone virtual! We have developed a visitation program that allows

our families to meet in a safe and secure Zoom environment. Our virtual visitations offer the same services that our in-person visitations do. Trained caseworkers will work with you through the intake process, orientation, and visit.

Virtual visitations allow our participants to engage through games, drawing, conversation, and more! The virtual visitations let our participants engage in quality time together while following a consistent schedule of visits. Our Zoom orientation will teach you all you need to know to participate in our virtual visitation program. We have enjoyed building this new program for our families, but look forward to the day we can host you all at CSR again!





TO OUR CAREGIVERS—

WE CAN DO HARD THINGS.

Caregivers – COVID-19 has presented you with an unprecedented amount of obstacles. At the same time, within the same hour, you are being tasked with acting as teacher, caregiver, provider, cleaner, cook, employee, and so much more. We just wanted to say – we hear you, we see you.

As you become your children's everything, it is crucial that you take care of yourself. Whatever works for you, it is important that you do it! Not sure what that is? Explore! Self-care consists of any practice in which you take an active role in protecting your happiness and well-being, particularly during times of stress (Oxford Languages).

"Keep going. That's all you have to do, ever. You really don't have to be amazing, or fierce or beautiful or successful or good. Just keep going, please. Slowly is fine. Crawling is fine. No feeling is final. Except Hope."

- Glennon Doyle

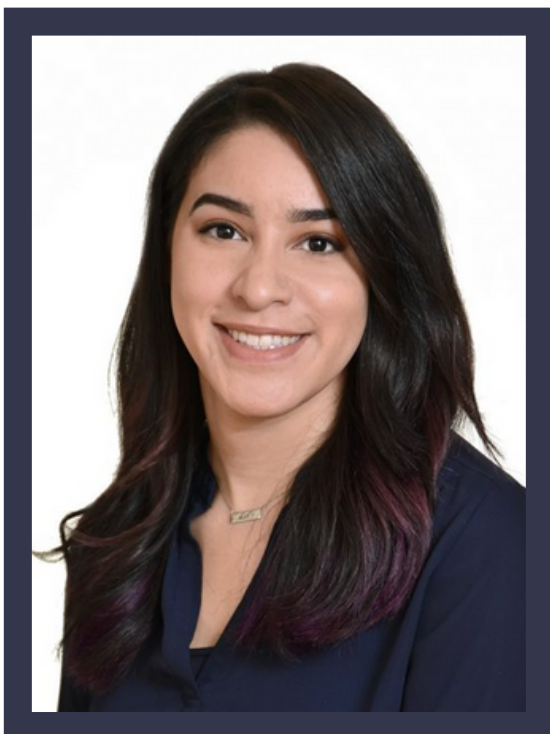
We encourage you to really see all the miraculous things you are doing. And when it feels rough, validate yourself—*notice* the tough spots, *provide context* as to what may be going on, *normalize* your feelings, *accept* your feelings, and *take care* of yourself! (Amanda E. White, LPC) Take the action to do those things that allow you to breathe, energize, and power ahead.

FVP WELCOMES NEW INTERNS

TWO NEW INTERNS FROM BU HAVE JOINED FVP FOR THE YEAR!

Yulianna Santos

Yulie Santos is a second year MSW student at Boston University's Charles River Campus. In the office, Yulie has played a large role in moving the Family Visitation Program online and developing the Virtual Visitation Program. Additionally, Yulie performs intakes, administers follow up materials, and assists with the day to day activities in the office.



Samantha Corron

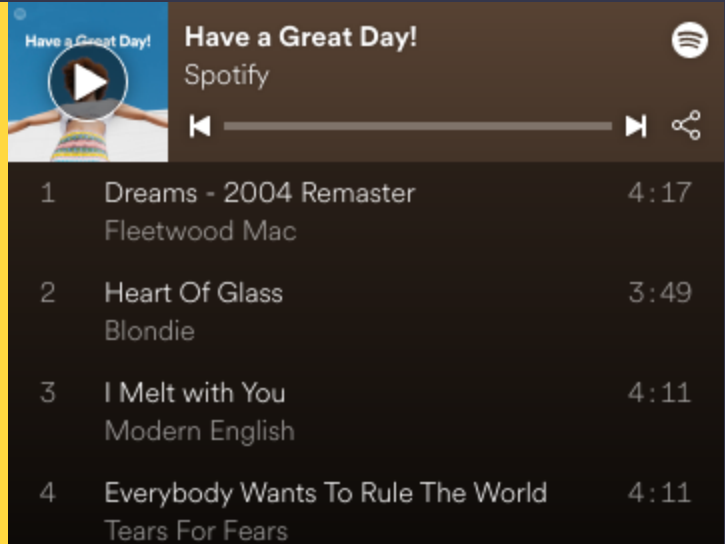
Sam Corron is a second year MSW student at Boston University's Off-Campus Bedford Program. Sam is working remotely this semester, but will be joining the FVP team in the office in January. Sam's project's include the Newsletter, resource building, and capacity building.



Break Time!

Need a 5 minute break? Just click below...

Dance it out!



Color it out!

(Click on the pictures!)

Stretch it out!

