

Additional Behavioral Health Services offered by CSR:

The Community Service Agency (CSA) in conjunction with the Massachusetts Child Behavioral Health Initiative (CBHI), CSR coordinates intensive care services for families in the Greater Boston region seeking mental health and family supportive services for their children under the age of 21. The CSA embodies a comprehensive "wrap-around" model to organize many community services and support for our families. The process is implemented through Intensive Care Coordinators and Family Partners who are caregivers of youth with special needs. Both work closely with the parents or caregivers.

In-Home Therapy (IHT) another service under the Child Behavior Health Initiative (CBHI) is a strengths based clinical service for the purpose of treating a youth's behavioral health needs. Interventions are designed to enhance a family's capacity to support the youth's functioning in the home and community, and prevent the youth's admission to an inpatient hospital.

Outpatient Mental Health Services (OMHC) provides high quality, culturally competent, linguistically appropriate, mental health services and support. Our licensed services are community-based, individualized, strengths-based, and outcome oriented. We recognize that achieving well-being requires a holistic approach; therefore, our services include:

- Comprehensive Diagnostic Evaluation/Assessment
- Medication Evaluation / Management
- Individual Therapy
- Family Therapy
- Group Therapy
- Couples Counseling

Recovery Support Services (RSS) Provides for the Massachusetts Behavioral Health Partnership providing the necessary addiction treatment supports for CSR's adult population (18 years and older), residing in our housing and shelter programs. An important component is planning and assisting the client's access to aftercare services which are designed to prevent relapse and assist with the individual's transition from a culture of addiction to a culture of recovery.

About Us

Children's Services of Roxbury, Inc. (CSR) is a community-based, non-profit organization that began in 1968 and has successfully become one of the largest, minority-operated, human service providers in Massachusetts.

Our Mission: We strive to provide high quality services to economically disadvantaged children, youth, families, and individuals thereby promoting and strengthening family life and individual growth.

Currently, we serve over 6,000 people annually through 22 programs within four core areas:

- Center based and Family based Early Education and Care
- Emergency, Transitional and Permanent Housing for Individuals and Families
- Behavioral Health Services
- Foster Care and Youth & Family Supportive Services

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520 Dudley Street • Roxbury, MA 02119
 Phone: 617-516-5208 • Fax: 617-445-2670
www.csrox.org



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Community Support Program



Children's Services of Roxbury
 Strengthening Families across Massachusetts

Roxbury • Tewksbury • Worcester • Northampton

Children's Services of Roxbury • Community Support Program

Program Description

The Community Support Program (CSP) is a voluntary program that provides time limited case management and support to individuals and their families. Our services target individuals who typically have a long-standing history of mental health, substance abuse, or previous inpatient psychiatric hospitalizations. CSP services are provided to adults, adolescents, and children in any setting that is safe for the individual and staff such as home, inpatient unit, shelter, or day treatment program.

Mission of the program

The primary goal of CSP is to prevent hospitalization and/or admission to detoxification facilities. They also target individuals who are at varying degrees of increased medical risk or have behavioral health concerns that challenge their best level of functioning in the home and community settings. CSP services are flexible in supporting individuals who are unable to independently access and sustain involvement with necessary medical, psychiatric and substance abuse services.

Services

We provide outreach, care management monitoring, follow-up, and general assistance for individuals in dealing with day-to-day activities or challenges that may impede access to treatment or progress of recovery. Through the wraparound service approach, CSP professionals collaborate with other service providers to support goals for health and wellness.

These services include:

- Assisting individuals in enhancing their daily living skills;
- Providing service coordination and linkage;
- Assistance with obtaining benefits, housing, and health care;
- Developing a crisis plan;
- Providing prevention and intervention
- Fostering empowerment and recovery, including connection to peer support and self-help groups.

Who can benefit?

- Anyone with a history of hospitalization and/or is at risk for hospitalization.
- Anyone whose pattern of utilization of services indicates high risk of readmission into 24-hour treatment settings.
- Homeless individuals with mental substance or medical concerns that poses a high risk for recidivism to inpatient facilities.

Health Insurances Accepted

We accept MassHealth Standard or Common Health from the following Managed Care entities:

- Massachusetts Behavioral Health Partnership

Referral Process

Referrals can be made during our normal business hours of 9:00am to 5:00pm by calling 617-516-5208. The information will be submitted to MBHP for approval. Once approved, a CSP worker will contact the referred individual or legal guardian within 24 hours.

It is very helpful to make the referred person aware of the referral, so they are prepared to meet with a CSP worker. Especially if they are in a facility or a homeless shelter. This practice allows the CSP to be a part of the discharge treatment planning and to facilitate the connection with the individual.

