

Additional Behavioral Health Services offered by CSR:

The **Community Support Program (CSP)** is a voluntary program that provides time limited case management and support to individuals and their families. Our services target individuals who typically have a long-standing history of mental health, substance abuse, or previous inpatient psychiatric hospitalizations.

CSP services are provided to adults, adolescents, and children in any setting that is safe for the individual and staff such as home, inpatient unit, shelter, or day treatment program.

In-Home Therapy (IHT) another service under the Child Behavior Health Initiative (CBHI) is a strengths-based clinical service for the purpose of treating a youth's behavioral health needs. Interventions are designed to enhance a family's capacity to support the youth's functioning in the home and community, and prevent the youth's admission to an inpatient hospital.

Outpatient Substance Abuse Services (OSAS) provides the necessary addiction treatment supports for CSR's adult population (18 years and older), residing in our housing and shelter programs. An important component is planning and assisting the client's access to aftercare services which are designed to prevent relapse and assist with the individual's transition from a culture of addiction to a culture of recovery.

Outpatient Mental Health Clinic (OMHC) provides high quality, culturally competent, linguistically appropriate, mental health services and support. Our services are community-based, individualized, strengths-based, and outcome oriented.

We recognize that achieving well-being requires a holistic approach; therefore, our services include:

- Comprehensive Diagnostic Evaluation/Assessment
- Medication Evaluation / Management
- Individual Therapy
- Family Therapy
- Group Therapy
- Couples Counseling

About Us

Children's Services of Roxbury, Inc. (CSR) is a community-based, non-profit organization that began in 1968 and has successfully become one of the largest, minority-operated, human service providers in Massachusetts.

Our Mission: We strive to provide high quality services to economically disadvantaged children, youth, families, and individuals thereby promoting and strengthening family life and individual growth.

Currently, we serve over 6,000 people annually through 22 programs within four core areas:

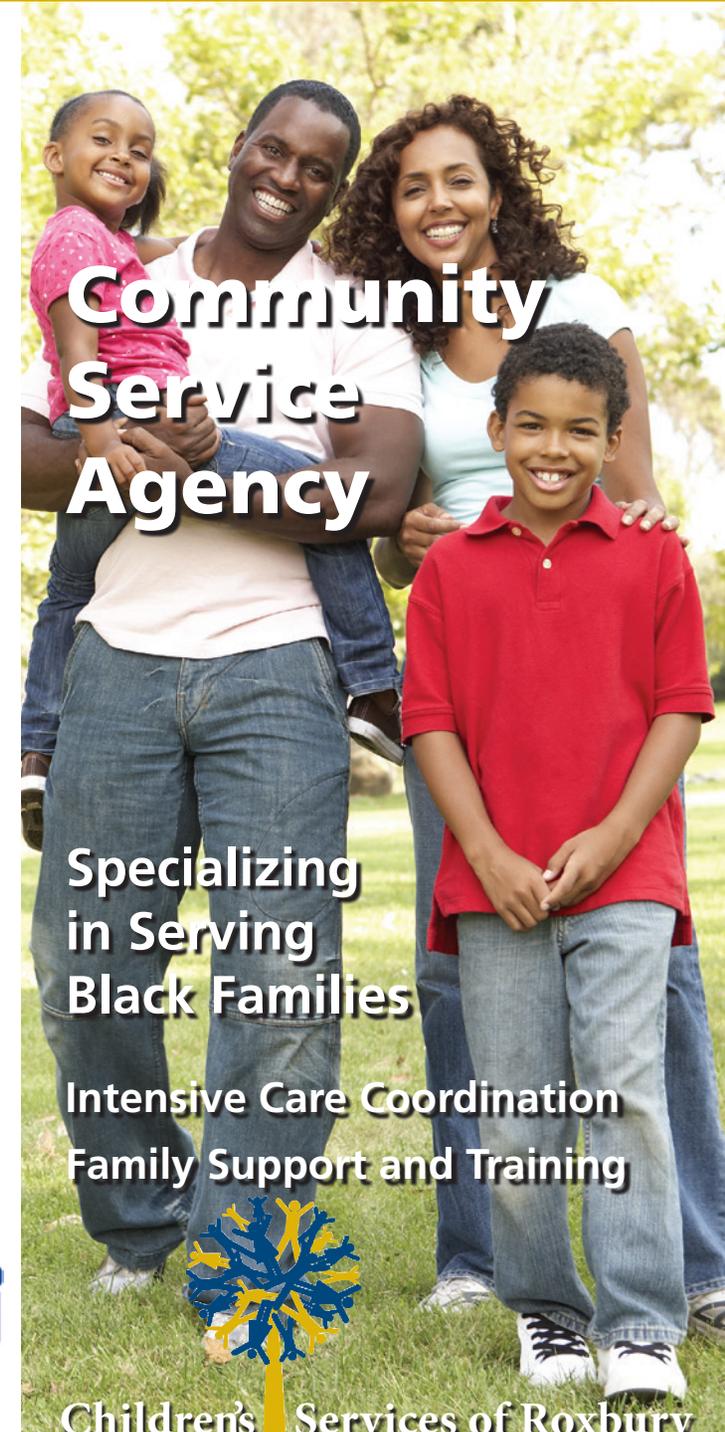
- Center based and Family based Early Education and Care
- Emergency, Transitional and Permanent Housing for Individuals and Families
- Behavioral Health Services
- Foster Care and Youth & Family Supportive Services



United Way of Massachusetts Bay and Merrimack Valley

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Children's Services of Roxbury
 Strengthening Families across Massachusetts

Roxbury • Tewksbury • Worcester • Northampton

Children's Services of Roxbury • Community Service Agency

Intensive Care Coordination (ICC)

ICC is a service that uses the **Wraparound** care planning process to organize many services and supports for your youth with emotional and behavioral challenges. Your family's participation in ICC is voluntary.

An ICC is assigned to work with your youth and family and the ICC is responsible for working with you to:

- Complete a risk management and safety plan
- Conduct a comprehensive home-based assessment of your youth's and family's strengths and needs
- Bring together a planning team of people the family identifies (e.g. teachers, state agency workers, friends, neighbors, etc.) to help support your youth and family
- Facilitate development of an **Individual Care Plan (ICP)** that guides your family and team in working toward the goals you choose
- Make sure the services and supports are in place and are helping your youth and family as planned

Family Support and Training

Family Partners are experienced caregivers of youth with special needs. The family partner works closely with you-the parent(s) or caregiver(s) of the youth by:

- Teaching how to move through the youth-serving systems
- Helping locate services and supports in the community
- Developing supportive connections
- Supporting and coaching you in reaching goals identified in the ICP



What is Wraparound?

Wraparound is a process used to build an individual plan that is created by your youth (under 21 years old), family, friends, and community supports. Once the plan is formed, it will specifically address the needs of your youth and builds on the strengths of the youth, family, team, and community.

Wraparound sets your family at the center of the planning process and brings together a team that supports your family's vision for your youth's future.

After Hours Information

CSA services are available for our families from 8:00am to 8:00pm, 7 days per week, 365 days per year. After hours support is available 24 hours a day by calling 617-989-9499.

To make a referral for services, please call 617-516-5208. The caregiver or youth needs to be aware of the referral so that they are prepared for outreach from CSA team members.

Health Insurances Accepted

Intensive Care Coordination facilitates care planning and coordination of services for MassHealth youth, with serious emotional disturbances (SED), under the age of 21, and enrolled in MassHealth Standard or Commonwealth who meet the medical necessity criteria for this service and have the following Manage Care entities:

- Massachusetts Behavioral Health Partnership
- Neighborhood Health Plan
- Boston Medical Center Health Net Plan
- Network Health
- Fallon

Community Service Agency

- Your family gets culturally sensitive support for a youth (under 21 years old) with emotional and behavioral challenges
- You choose the services that best meet the needs of your family
- We learn from you about your own needs and strengths.
- We work for your family to find supports within your community
- We bring together the people that your family chooses
- Success is your family feeling hopeful, supported, and smiling more
- You and your family having a positive experience