

Additional Behavioral Health Services offered by CSR:

The Community Support Program (CSP) is a voluntary program that provides time limited case management and support to individuals and their families. Our services target individuals who typically have a long-standing history of mental health, substance abuse, or previous inpatient psychiatric hospitalizations.

CSP services are provided to adults, adolescents, and children in any setting that is safe for the individual and staff such as home, inpatient unit, shelter, or day treatment program.

In-Home Therapy (IHT) another service under the Child Behavior Health Initiative (CBHI) is a strengths-based clinical service for the purpose of treating a youth's behavioral health needs. Interventions are designed to enhance a family's capacity to support the youth's functioning in the home and community, and prevent the youth's admission to an inpatient hospital.

The Community Service Agency (CSA) in conjunction with the Massachusetts Child Behavioral Health Initiative (CBHI), Children's Services of Roxbury (CSR) coordinates intensive care services for families in the Greater Boston region seeking mental health and family support services for their children under the age of 21.

The CSA embodies a comprehensive "wrap-around" model to organize many community services and support for our families. The process is implemented through Intensive Care Coordinators who facilitate the coordination of services and Family Partners who are caregivers of youth with special needs. Both work closely with the parents or caregivers.

Outpatient Mental Health Clinic (OMHC) provides high quality, culturally competent, linguistically appropriate, mental health services and support. Our services are community-based, individualized, strengths-based, and outcome oriented.

About Us

Children's Services of Roxbury, Inc. (CSR) is a community-based, non-profit organization that began in 1968 and has successfully become one of the largest, minority-operated, human service providers in Massachusetts.

Our Mission: We strive to provide high quality services to economically disadvantaged children, youth, families, and individuals thereby promoting and strengthening family life and individual growth.

Currently, we serve over 6,000 people annually through 22 programs within four core areas:

- Center based and Family based Early Education and Care
- Emergency, Transitional and Permanent Housing for Individuals and Families
- Behavioral Health Services
- Foster Care and Youth & Family Supportive Services



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Therapeutic Mentoring Program



Children's Services of Roxbury
 Strengthening Families across Massachusetts

Roxbury • Tewksbury • Worcester • Northampton

Children's Services of Roxbury • Therapeutic Mentoring Program

Program Description

Therapeutic Mentoring offers structured, one-to-one, strength-based support services between a therapeutic mentor and a youth under the age of 21 for the purpose of addressing daily living, social, and communication needs. Therapeutic Mentoring services include supporting, coaching, and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other youth and adults.

Therapeutic mentoring interventions are also designed to include appropriate participation in recreational, athletic, artistic, educational, vocational and social activities. The Therapeutic Mentor delivers services with an existing outpatient or in-home therapy treatment plan or intensive care coordination that is jointly developed with input from the parent/caregiver/ school personnel or significant persons in the youth's life.

Benefits of the Therapeutic Mentoring Program

What we do

- Coach, support and train the youth to be successful in navigating various social situations, learning new skills and making functional progress
- Role plays and behavioral rehearsal
- Skill acquisition and practice in community
- Provide exposure to social situations in which age-appropriate skills can be practiced
- Enhance conflict resolution skills
- Develop communication skills
- Provide telephone support as needed to the youth
- Complete family and other collateral contacts to support the treatment plan

How to make a referral for services

Children may be referred by their PCP, out-patient therapist, school, emergency services, and many other healthcare and social service providers. They may also self-refer within an existing hub.

For information or to make a referral, please call our Behavioral Health Department's referral line: (617) 516-5208.

Therapeutic Mentoring clinicians are on-call and available from 8:00am to 8:00pm, Monday-Friday. Weekend hours available.

Health Insurances Accepted

- Massachusetts Behavioral Health Partnership

History

Children's Services of Roxbury, Inc. is a community-based, non profit organization that began in 1968 when Roxbury Children's Services was established as an extension of services through the Boston Children's Services Association (Boston's oldest child welfare agency) and the Church Home Society in order to effectively handle the growing number of black children in need of foster homes and adoption. Meanwhile, other organized efforts across Massachusetts were forming in order to handle the plight of minority children in foster care and in 1972, United Homes For Children (UHFC) began as a network of foster homes located north and south of Boston.

In 1974, Roxbury Children's Services became incorporated and independently operated. From 1975 to 1989 both Roxbury Children's Services and United Homes For Children continued to thrive and serve hundreds of children and families in both urban and suburban neighborhoods. In 1990, Roxbury Children's Services re-organized under its new name, Children's Services of Roxbury (CSR) and in 2005, merged with United Homes For Children. Today, CSR employs 350 employees throughout offices located in Roxbury, Tewksbury, Worcester and Northampton.

