

**Additional Behavioral Health Services offered by CSR:**

The **Community Service Agency (CSA)** in conjunction with the Massachusetts Child Behavioral Health Initiative (CBHI), Children's Services of Roxbury (CSR) coordinates intensive care services for families in the Greater Boston region seeking mental health and family support services for their children under the age of 21.

The CSA embodies a comprehensive "wrap-around" model to organize many community services and support for our families. The process is implemented through Intensive Care Coordinators who facilitate the coordination of services and Family Partners who are caregivers of youth with special needs. Both work closely with the parents or caregivers.

The **Community Support Program (CSP)** is a voluntary program that provides time limited case management and support to individuals and their families. Our services target individuals who typically have a long-standing history of mental health, substance abuse, or previous inpatient psychiatric hospitalizations. CSP services are provided to adults, adolescents, and children in any setting that is safe for the individual and staff such as home, inpatient unit, shelter, or day treatment program.

**In-Home Therapy (IHT)** another service under the Child Behavior Health Initiative (CBHI) is a strengths-based clinical service for the purpose of treating a youth's behavioral health needs. Interventions are designed to enhance a family's capacity to support the youth's functioning in the home and community, and prevent the youth's admission to an inpatient hospital.

**Outpatient Mental Health Clinic (OMHC)** provides high quality, culturally competent,

linguistically appropriate, mental health services and support. Our services are community-based, individualized, strengths-based, and outcome oriented. We recognize that achieving well-being requires a holistic approach; therefore, our services include:

- Comprehensive Diagnostic
- Evaluation/Assessment
- Medication Evaluation / Management
- Individual Therapy
- Family Therapy
- Group Therapy
- Couples Counseling

**About Us**

**Children's Services of Roxbury, Inc. (CSR)** is a community-based, non-profit organization that began in 1968 and has successfully become one of the largest, minority-operated, human service providers in Massachusetts.

**Our Mission:** We strive to provide high quality services to economically disadvantaged children, youth, families, and individuals thereby promoting and strengthening family life and individual growth.

Currently, we serve over 6,000 people annually through 22 programs within four core areas:

- Center based and Family based Early Education and Care
- Emergency, Transitional and Permanent Housing for Individuals and Families
- Behavioral Health Services
- Foster Care and Youth & Family Supportive Services

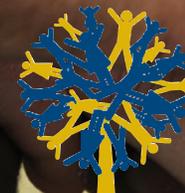


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United Way of Massachusetts Bay and Merrimack Valley  
 Dec. 2016



**Recovery Support Services**



**Children's Services of Roxbury**  
 Strengthening Families across Massachusetts

Roxbury • Tewksbury • Worcester • Northampton

# Children's Services of Roxbury • Recovery Support Services

## Program Description

We are committed to providing treatment services to individuals who find their lives complicated by addiction and/or alcoholism by helping them transition from a culture of addiction to a culture of recovery. The goal of the program is to foster personal growth and the development of each client.

## Admission Criteria

- Primary diagnosis of substance use or co-occurring disorder
- 13 years of age and older
- Struggling with recovery or sobriety
- Client must be willing to participate in individual/group counseling sessions and case management

## Services Offered

- Psycho-social assessment
- Psycho-educational groups
- Individual, Family, and Group Counseling sessions
- Recovery Coaches for youth (13-17 years old)
- Recovery Coaches for youth (18-25 years old)
- Recovery Coaches for Adults (25 years & up)
- Case Management
- Telephone Recovery Support
- Family Intervention services for adolescents and transitional age youth (ages 13-24 years old)
- In-home services (to be determined after initial assessment)
- Addiction, HIV and Tobacco education
- Relapse prevention and education
- Referral to appropriate care providers and agencies
- Referrals to vocational or educational services
- Discharge, aftercare and follow-up to appropriate services

## Outpatient Clinic Hours:

Monday – Friday

9:00am to 5:00pm

Referral Line #1: 617-516-5208

Line #2: 617-989-9486

## Services by appointment only

After clinic hours: a qualified professional is available "on call" to talk with our clients over the phone 24 hours a day. If emergency services are needed, the client will be instructed to call 911 or visit their nearest hospital.

## Health Insurances Accepted

- Beacon (NHP & BMC HealthNet)
- MassHealth
- MBHP
- Tufts
- Blue Cross Blue Shield of Mass

## Ineligible for Admissions

People who have been clinically assessed and need additional levels of treatment such as: detoxification, inpatient services, or medication management according to ASAM criteria



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