

Additional Behavioral Health Services offered by CSR:

The Community Service Agency (CSA) in conjunction with the Massachusetts Child Behavioral Health Initiative (CBHI), CSR coordinates intensive care services for families in the Greater Boston region seeking mental health and family supportive services for their children under the age of 21.

The CSA embodies a comprehensive “wrap-around” model to organize many community services and support for our families. The process is implemented through Intensive Care Coordinators and Family Partners who are caregivers of youth with special needs. Both work closely with the parents or caregivers.

In-Home Therapy (IHT) another service under the Child Behavior Health Initiative (CBHI) is a strengths-based clinical service for the purpose of treating a youth’s behavioral health needs. Interventions are designed to enhance a family’s capacity to support the youth’s functioning in the home and community, and prevent the youth’s admission to an inpatient hospital.

Recovery Support Services (RSS) provides the necessary addiction treatment supports for CSR’s adult population (18 years and older) residing in our housing and shelter programs. An important component is planning and assisting the client’s access to aftercare services which are designed to prevent relapse and assist with the individual’s transition from a culture of addiction to a culture of recovery.

The Community Support Program (CSP) is a voluntary program that provides time limited case management and support to individuals and

their families. Our services target individuals who typically have a long-standing history of mental health, substance abuse, or previous inpatient psychiatric hospitalizations. CSP services are provided to adults, adolescents, and children in any setting that is safe for the individual and staff such as home, inpatient unit, shelter, or day treatment program.

About Us

Children’s Services of Roxbury, Inc. (CSR) is a community-based, non-profit organization that began in 1968 and has successfully become one of the largest, minority-operated, human service providers in Massachusetts.

Our Mission: We strive to provide high quality services to economically disadvantaged children, youth, families, and individuals thereby promoting and strengthening family life and individual growth.

Currently, we serve over 6,000 people annually through 22 programs within four core areas:

- Center based and Family based Early Education and Care
- Emergency, Transitional and Permanent Housing for Individuals and Families
- Behavioral Health Services
- Foster Care and Youth & Family Supportive Services

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Outpatient Mental Health Clinic



Children's Services of Roxbury
 Strengthening Families across Massachusetts

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Children's Services of Roxbury • Outpatient Mental Health Clinic

Program Description

Good mental health is a state of successful mental functioning, resulting in productive activities, fulfilling relationships, and the ability to adapt to change and cope with adversity. Mental Health is indispensable to personal well-being, family and interpersonal relationships, and one's contribution to society.

CSR's Behavioral Health Clinic (BHC) provides high quality, culturally competent, linguistically appropriate, mental health services and support. Our services are community-based, individualized, strengths-based, and outcome oriented. We recognize that achieving well-being requires a holistic approach; therefore, our services include:

- Comprehensive Diagnostic Evaluation/Assessment
- Medication Evaluation / Management
- Individual Therapy
- Family Therapy
- Group Therapy
- Couples Counseling

Our Practice

We offer a host of mental health services provided by licensed mental health professionals including: psychologists, social workers, professional counselors, and psychiatrists.

Who We Serve

Children, teens, adults, couples, and families with presenting problems that range from situational to varying psychological disorders.

We Address a wide range of emotional issues including:

- Anxiety
- Attention-Deficit/Hyperactivity Disorder
- Depression
- Domestic Violence
- Grief/Bereavement
- Obesity/Weight Management
- Obsessive-Compulsive Disorder
- Oppositional Defiant Disorder
- Phobias/Fears
- Psychotic Illnesses
- Relationship Challenges
- School Difficulties
- Sleep Disturbances/Insomnia
- Stress
- Substance Abuse
- Trauma/PTSD

Health Insurances Accepted

Boston Medical Center HealthNet Plan

Fallon

MassHealth

Massachusetts Behavioral Health Partnership

Neighborhood Health Plan

Tufts Health Plan

Outpatient Clinic Hours:

Monday – Friday

9:00am to 5:00pm

To make an appointment

Please call: 617-989-9499

After clinic hours, a qualified professional is available "on call" to talk with our clients over the phone. If emergency services are needed, the client will be instructed to call 911 or visit their nearest hospital.

Services by appointment only

